



IMPORTANT POINTS FOR CONSIDERATION BEFORE CANDIDATES SIT THEIR WRITTEN EXAMINATION

LEVEL 3 DIPLOMA IN REFLEXOLOGY

It is important to remember that the qualification is set by QCA at Level Three. This means that the theory exam paper must incorporate three elements of examining style in order to retain its Level Three status.

The first area of examination is “Knowledge with understanding”. This style of exam questioning enables the student to show that they can recognise, record and show understanding of facts, terminology, principles, concepts and techniques of anatomy and physiology. The student is expected to use knowledge to show an understanding of the ethical and environmental implications and applications of reflexology. Finally, the student is able to select, organise and present relevant information clearly and logically using appropriate specialist vocabulary.

The second area of examination is “Application of knowledge”. Within the exam questions, the student is required to describe, explain and interpret information in terms of reflexology principles and concepts. The student is also expected to be able to present arguments and ideas clearly and logically using specialist vocabulary, and apply reflexology principles and concepts in problem-solving.

It is important to indicate that the exam paper is weighted such that it is insufficient for the student to purely recall facts learned in the classroom to pass this exam. More importantly, it is the application of such facts that they have learned in other examinable situations laid down within the specification that sets the qualification at Level Three.

The third area of examination is “Synthesis and evaluation”. The student is able to collate principles and concepts from different areas of Reflexology, and evaluate the results and effects of reflexology treatments in a given situation. Again, remembering facts learned in the classroom, and applying them to new situations, together with evaluating the outcomes of their application brings this theory exam to Level Three.

The approximate percentage weightings of the theory exam paper are as follows:

Knowledge with understanding	45%
Application of knowledge	30%
Synthesis and evaluation	25%
Total	100%

Whilst entry on to the qualification itself requires no formal academic training, students are advised by schools that knowledge of Biology or Human Biology at Higher GCSE level is beneficial, and knowledge of Chemistry and Physics at Foundation GCSE level is also useful. This sets the level at which training in this qualification starts and it develops to Level Three throughout the length of the course.

The qualification, comprising theory, practical and case study elements, is principally designed to lead directly into employment as a Reflexologist. However, it also can enable progression to a First Degree in Health Sciences in a number of Higher Education Programmes in the UK. There are also post-graduate programmes available, for which this qualification is a prerequisite. Therefore the maintenance of the standard of this qualification and particularly the exam paper itself as laid down by the above weightings is of paramount importance to those students wishing to further their studies. Not only may entry onto those programmes depend on it, but the ease at which students can transfer from this qualification to the next also needs to be considered.

As such the qualification has been allocated one hundred guided learning hours **minimum**, plus at least sixty home study hours for completion, and further consideration for revision. Schools must bear this in mind when planning delivery of this qualification.